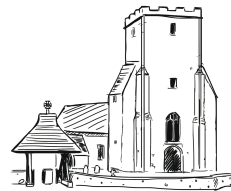


28 November 2021:  
**Advent Sunday**  
Yr C

The Parish of East Preston with Kingston

**St Mary the Virgin**

**NOTICE SHEET**



*Happy New Year! Advent marks the beginning of the Church's liturgical year, and today we move into Year C in our three year cycle.*

Today's **hymns** are from the GREEN book: 3; 282; 1

Congratulations and thanks to all involved in the two **Christmas Music Nights** on Friday and Saturday - we're hoping to have a total raised shortly...

**Advent Carols** is at **6pm today**. Come and celebrate Advent with hymns and readings.

Reminder: the **Tuesday evening mass** has gone back to being once a month - on the first Tuesday - so the next one is 7 Dec.

**Church Cleaning** on Sat 4 Dec is CANCELLED because of the Christmas Fayre!

Come and celebrate **Christingle** next **Sun 5 Dec** at **3pm!** All welcome.

Covid Champions the Bromfields write: To book appointments for Vaccinations/Booster Vaccinations/Third Vaccinations for those whose immune system is compromised at the Angmering Community Centre Hub please phone **0333 370 4111**. This is operated by IPC on behalf of the local GP Surgeries and not accessible through the National Booking Service. There is further information at: [https://us1.campaign-archive.com/?e=test\\_email&u=67cddb5ca0543e61649bd4734&id=2eca3b75fa](https://us1.campaign-archive.com/?e=test_email&u=67cddb5ca0543e61649bd4734&id=2eca3b75fa)

As in previous years the Ecclesiastical Insurance Group (who insure St Mary's church) are launching their "**12 Days of Giving**" campaign. All you have to do is visit the website and nominate St Mary's and we're in with a chance to win some dosh! [movementforgood.com/12days](http://movementforgood.com/12days) (our Charity Number is at the bottom of this sheet).

Vivien Ayling writes: **Christmas Fair:** If you have any time to help with this important fundraising event for the Church, we need the following:- Help setting up on Friday, 3rd December from 2pm onwards. People to make cakes to sell in the Spire Room catering area - please contact Vivien or Pauline for appropriate ingredients form. Tombola and raffle prizes - please hand them to Fr Richard, Jenny, Fr Andrew or Rev Emma. (box in the Vestry). Relief for stall holders on the day so they can have a coffee break etc and also people on the door to welcome visitors. Thank you. Vivien Ayling - Chairman of Social Committee - 07899918437

### Eco Tip of the month: November

The colder days are coming. A bowl of soup with warm crusty bread is a must for lunch. You may already make your own soup from scratch, but for those who don't, give it a try. Soup is so easy and cheap to make with seasonal vegetables. **NO ADDITIVES, NO PRESERVATIVES, NO PACKAGING TO THROW AWAY.** (carbon footprint) just a hearty meal. When making a batch of soup, freeze portions for another day in those re-useable plastic take-a-way containers.

Reminder: there will be **coffee** in the Spire Room after the 10am mass on 5 December!

Would you like to join a small friendly group of retired people who play **whist**? All are welcome, both those who know the game and beginners. We meet between 2 and 5pm on Mondays at Our Lady Star Of The Sea Church Hall In Vermont Drive. More information from Dennis Leader on 262184.

Carol Cogman writes: If you are thinking of buying Christmas presents on the internet please would you consider the advantages of using **Easyfundraising.org.uk**. Some 4000 retailers will give a small donation to the Friends of St Mary's, at no cost to you, when you make your purchase. Register now and find out how simple it is! Flyers at the back of the Church to help you. (Carol & Jack 770943)

An organisation called the Afghanistan & Central Asian Association has been working to support **Afghan refugees** fleeing the new regime in their country and arriving in the UK through the Afghan Relocations and Assistance Policy. They are looking for funding of around £120,000 for their work. If you would like to support this work, here is the link: <https://www.crowdfunder.co.uk/afghancrisisfund>

Jacky Collet writes: Christmas is coming and again the list is open for you to wish your friends a Happy Christmas. A donation of £5 to our charity of **Education West Africa** will secure your name and good wishes will go on our Facebook page during the month of December. Please see Jacky for further details.

What do you buy for the person who's got everything? Perhaps the answer is a Food Parcel or a cataract surgery, or Annual Health insurance for a family in Kenya... Instead of socks, a scarf or gardening gloves you could shop for somebody else this Christmas. Christian charity **ICFEM** work with partners in Kenya to improve the lives of families in need. More at: <https://www.icfem-mission.org/product/emergency-food-parcel/> - or from Martin Quaife.

A lady called Lynn is looking for a **Companion** on Mondays and Thursdays (7-10pm) for her Aunt who has dementia, and lives in East Preston. Remuneration is involved. You can contact Lynn on 07581308608.

**Please remember in your prayers those in special need especially:** Alison; David; Chris; Sue Ralph; Lucy Parkes; Wendy Ray; Gordon; Richard.

**We remember those who've died recently:** John White;

Richard Steel; Michael Stevens;

**and those whose anniversary falls this coming week:**

Anthony Timms; Bridget Brittin; Eric Kemp; Robert Turvey; Hilda Hare; Martin Doddington; Frances Gislingham; Florence Gill; Leslie Hearn; Leslie Payne; Lorna Corbett.

**Next Sunday's readings** (5 Dec: Advent 2:Yr C): Malachi 3.1-4; Philippians 1.3-11; Luke 3.1-6

Using your smartphone this QR code enables you to support St Mary's via a debit or credit card:



**Vicar:** Fr Andrew Perry : The Vicarage, 33 Vicarage Lane, East Preston BN16 2SP : 01903 78 33 18 : [revajperry@btinternet.com](mailto:revajperry@btinternet.com)

**Curate:** Rev Emma Ham-Riche : 20 The Ridings, East Preston BN16 2TN : 01903 783958 : [ehamriche@gmail.com](mailto:ehamriche@gmail.com)

**Safeguarding Representative:** Tracey Hammond 07751323253 : [safeguardingstmarys@btinternet.com](mailto:safeguardingstmarys@btinternet.com)

[www.stmarysep.org.uk](http://www.stmarysep.org.uk) : [www.facebook.com/groups/stmaryseastpreston](https://www.facebook.com/groups/stmaryseastpreston) (Monday is Rev Emma's day off: Friday is Fr Andrew's day off)

St Mary's is a Registered Charity and our number is: 1180544

**Collect:**

Almighty God, give us grace to cast away the works of darkness and to put on the armour of light, now in the time of this mortal life, in which your Son Jesus Christ came to us in great humility; that on the last day, when he shall come again in his glorious majesty to judge the living and the dead, we may rise to the life immortal; through him who is alive and reigns with you in the unity of the Holy Spirit, one God, now and for ever. Amen

***A reading from the prophet Jeremiah:***

The days are surely coming, says the LORD, when I will fulfil the promise I made to the house of Israel and the house of Judah. In those days and at that time I will cause a righteous Branch to spring up for David; and he shall execute justice and righteousness in the land. In those days Judah will be saved and Jerusalem will live in safety. And this is the name by which it will be called: "The LORD is our righteousness."

***A reading from the first letter to the Thessalonians:***

How can we thank God enough for you in return for all the joy that we feel before our God because of you? Night and day we pray most earnestly that we may see you face to face and restore whatever is lacking in your faith.

Now may our God and Father himself and our Lord Jesus direct our way to you. And may the Lord make you increase and abound in love for one another and for all, just as we abound in love for you. And may he so strengthen your hearts in holiness that you may be blameless before our God and Father at the coming of our Lord Jesus with all his saints.

***A reading from the Gospel of St Luke:***

Jesus said to his disciples: "There will be signs in the sun, the moon, and the stars, and on the earth distress among nations confused by the roaring of the sea and the waves. People will faint from fear and foreboding of what is coming upon the world, for the powers of the heavens will be shaken. Then they will see 'the Son of Man coming in a cloud' with power and great glory. Now when these things begin to take place, stand up and raise your heads, because your redemption is drawing near."

Then he told them a parable: "Look at the fig tree and all the trees; as soon as they sprout leaves you can see for yourselves and know that summer is already near. So also, when you see these things taking place, you know that the kingdom of God is near. Truly I tell you, this generation will not pass away until all things have taken place. Heaven and earth will pass away, but my words will not pass away.

Be on guard so that your hearts are not weighed down with dissipation and drunkenness and the worries of this life, and that day does not catch you unexpectedly, like a trap. For it will come upon all who live on the face of the whole earth. Be alert at all times, praying that you may have the strength to escape all these things that will take place, and to stand before the Son of Man."

***Post Communion:***

O Lord our God, make us watchful and keep us faithful as we await the coming of your Son our Lord: that, when he shall appear, he may not find us sleeping in sin but active in his service and joyful in his praise; through Jesus Christ our Lord.